

# The Congregate Tidings

Volume 34 Issue 10

October 2020

## Rev. John's Musings

We are approaching the Stewardship season soon and preparations are underway for the campaign. As a pre review of stewardship, it is always about gratitude. We have you to be grateful for? To tie in our theme this year about love, the expression of our love is in gratitude for all things- family, friends, God, Community, health, etc. In this COVID environment, combine your hand washing which we know prevents the spread of germs and diseases to take the 20 seconds of hand washing to say out loud to God what are you thankful for? It makes a good spiritual daily practice to extend our gratitude. The benefits of gratitude? You become more healthy, feel better and spiritually uplifted.

-Peace, Pastor John

### Recipes our other sister churches use for Communion within our global mission partners- (World Wide Communion Sunday)

**Caribbean Style Banana Bread** The fruits found in the warm Caribbean countries are used in this bread. This sweet, flavorful loaf need not be served just for breakfast or snacks, but as an accompaniment to soups and stews. Ingredients: 1/2 cup butter 1/2 cup packed brown sugar 1 egg, well beaten, room temperature 1/4 cup Jamaican rum 1 tsp vanilla extract 1/2 t. soda 1/2 t. salt 3/4 t. ground nutmeg 2 cups un-sifted all-purpose flour 1 1/4 cup very ripe bananas, mashed 1/2 cup walnuts, coarsely chopped 1/2 cup white seedless raisins (optional) 1/2 cup fresh coconut, grated (optional) Directions: **1.** Pre-heat oven to 350 degrees **2.** Cream butter and sugar together, beat in egg until light and fluffy, then stir in rum and vanilla. **3.** Sift all dry ingredients, add to the butter mixture, alternating with the mashed banana, mix well after each addition. **4.** Fold in the nuts and EITHER coconuts or raisins. **5.** Pour into a well buttered and floured loaf pan. **6.** Bake for 1 hour and 15 minutes until the bread shrinks from the sides of the pan, and a toothpick comes out clean. **7.** Cool for about 30 minutes in the pan, then unmold and completely cool on a rack.

Pineapple Nut Bread Next page

### Inside this Issue:

Rev. John's Musings	1-2
Deacon's Corner	2
The View From My Window	2
Let Us Break Bread Together	3
From a Very Grateful Church Musician	4
Special Days and Special Events	4
God's Post It Notes	
Vaughan Updates	6
Blueberry Crisp	6
The Children's Page	6
Happy Birthday Mae Shea	7
9.11 Memorial Photo	7
Inspiration	7
Outdoor Service Photo's	8
Neighbors in Need	8
World Communion Sunday	9
Blessing of the Animals	9
Scripture and Sermon Focus	10
Birthdays, Anniversaries	11
Prayer Concerns	11
First Church and Vaughan Staff	12

Continued from Page 1



**Pineapple Nut Bread Ingredients:** 2 eggs 1/3 cup of sugar 1/3 cup of butter (melted) 2 cups flour 1 T. baking powder 1 t. salt 1 cup nuts (crushed) 1 cup crushed pineapple (canned, including juice)  
**Directions:** 1. Preheat oven to 350 degrees 2. Beat eggs and slowly add sugar until well blended and add melted butter 3. Add 1 cup of crushed nuts and 1 cup of crushed pineapple with juice. Add only enough so that all is incorporated 4. Grease 4x8 inch bread pan. Pour batter into pan and bake for 1 hour and 10 minutes.

**DEACON’S CORNER**

**Notes from the Diaconate: October 2020**

- *Please join us in recognizing World Communion Sunday on October 4th at 10:00 am*
- *We are striving to hold as many Outdoor Sunday Services as the pandemic and weather allow*
- *Coming soon! A “Prayer Box” will be available to all and located near the Church entrance*
- *Stay safe and God bless!*

***The View From My Window***

*Jennifer Perkins- Vaughan Administrator*

There has been, and continues to be, a noticeable haze in the upper atmosphere these past few days and sadly, it is a result of the massive wildfires burning on the west coast. Loss of life and property make this a tragic event, while we can not replace the lives lost, wildfires do play a vital role in generating new plant life.

On a happier note, the Vaughan Learning Center opened its doors to families and children on Monday September 14, 2020. The playground is a buzz with laughter, joyous screeching, the swaying of swings and the sound of Tonka truck tires rumbling up and down the Gibson/Woodbury Bike and Tricycle “Turnpike” (paved bike path). The hours of operation have changed slightly due to the present pandemic; we open for children Monday through Friday from 8:00 AM – 4:00 PM with an hour of deep cleaning by the staff at the end of each day until 5:00 PM.

The Vaughan Food Pantry is in the process of moving from its present location on Route 16 to its new home at 2493 White Mountain Highway on the campus of First Church of Christ Congregational and the Reverence for Life building.....we are coming home October 1, 2020! The Vaughan Food Pantry is open Tuesday- 12:00- 1:45 PM and Thursday- 1:00 PM – 2:45 PM. We will continue with curbside service until further notice. Anyone wishing to tour the building may call me @ 356-2324 and I will be happy to arrange a time.

Updates on what will be an altered Ribbon Cutting Ceremony will be forthcoming, so keep an eye to the Tidings or an ear to the church buzz.....we will keep you posted!

Happy Autumn!

Warmly, Jennifer

## LET US BREAK BREAD TOGETHER

*By Muriel Magg*

On Sunday, October 4th, congregations around the globe will celebrate World Communion Sunday. It is a day when we mark the almost universal Christian practice of breaking bread with one another. World Communion Sunday is a time for remembering that around the globe, in different languages, with different traditions and customs, and in various forms of liturgy, the Eucharist is being celebrated throughout Christendom. Therefore, World Communion Sunday serves two purposes: it is both a joyous and meaningful partaking in Jesus' sacred meal with his friends and a mind-opening exposure to different Christian traditions from around the world that promotes Christian unity and ecumenical cooperation.

"Let Us Break Bread Together" # 330 in The New Century Hymnal, follows the tradition of most Negro spirituals in its simplicity in both words and tune. This song is mainly used during communion services, and reminds us of our spiritual food and drink presented through the bread and wine/juice during Holy Communion. Growing up in a Missouri Synod Lutheran Church, we took the Lord's Supper up front kneeling at the Communion railing sharing the bond of fellowship with those in our community of faith. "Let Us Break Bread Together" is a song about that fellowship of sharing bread together.

As I thought about the words and the haunting music, I found myself drawn to the history of the African-American Spiritual and how it speaks to our communities, our friendships, and our fellowship. The history of "Let Us Break Bread Together" is uncertain. As with many spirituals created by slaves in the 18th and 19th centuries, this one was passed on orally, and its origin has been lost to us. We can only speculate as to what the song means as is the case with many hymns in that tradition. Negro spirituals were mostly composed by black American slaves with no training in music. Some believe that the slaves simply added words to African traditional folk tunes they had left behind in Africa.

These songs were composed by communities of enslaved African Americans in the years between 1830 and 1860 in the rural South. They are songs with mainly biblical themes that express meaningful thoughts, desires, emotions, and reflections on the situation of people in bondage.

There is a theory that the earliest version of "Let Us Break Bread Together" probably began with the current stanza three, and was a song of some of the enslaved in Virginia used when gathering for secret meetings. It's believed that the verses that relate to the Lord's Supper were added after the Civil War making it suitable for use on that occasion.

As to the significance of "the rising sun" in the song, some have suggested it symbolizes a search for spiritual light. Others have suggested it might indicate the longing and hope for a new day of freedom to dawn.

Beyond what is known and surmised about the hymn, we can see it as a passionate call to fellowship for God's people. "Let Us Break Bread Together" calls Christians together in celebration of the Lord's Supper. Whether we kneel, sit, or stand, the attitude of the heart is worship as we come before Christ, the host of the feast.

# world communion sunday





FROM A VERY GRATEFUL CHURCH MUSICIAN TO MY CHURCH FAMILY

Twenty years ago, my friends and former Jackson neighbors gathered to celebrate my 70<sup>th</sup> birthday. I was presented with a copy of *You’re Only Old Once!* - A Book for Obsolete Children by Dr. Seuss. I politely thanked my neighbors and thought, ok that’s behind me, now I’ll get on with my life and really get into retirement mode. Boy, was I wrong, here I am twenty years beyond that special day. Am I older, aged, ancient, or, perhaps in paraphrased words of Dr. Seuss; an “Obsolete Child”? As I reflect on a long life and all the wonderful things and opportunities that have come my way, and the great friendships I continue to have with former students I taught 60+ years ago, to my University students, to very talented musicians with whom I’ve performed here in northern NH (including the late concert pianist Frank Glazer), and to the generous, compassionate, supportive and loving members and friends of my First Church of Christ family. This recent marking of a transition from an eight decade to a ninth is truly overwhelming. It will take some time for me to absorb all that has happened during these last couple of weeks and still continues to occur to this day. Just know how grateful I am, and will always be, for extending your prayers, compassion, understanding, help, and love from everyone associated with First Church. I am blessed with a great, loving family and they join me in saying “thank you” for everything you have done for the Corson family. I could not be in better company as I contemplate winding down a long career as a church musician. God bless this congregation and never stop doing those things for which you are known and do so well.

-Floyd Corson

October Special Days and Special Events

<u>October 4th</u>	World Communion Sunday
<u>October 4th</u>	Blessing of the Animals 1:00 pm via zoom meeting by appointment
<u>October 10</u>	Sale of Blueberry Crisp 9am—Noon (or until sold out)
<u>October 17</u>	Sale of Blueberry Crisp 9am—Noon (or until sold out)
<u>October 24</u>	Sale of Blueberry Crisp 9am—Noon (or until sold out)
<u>October 25th</u>	Reformation Sunday. Witness Pastor John who will be in his family’s tartan kilt as we observe our reformed heritage of the UCC.

*Just a Note* - Pastor John will have office hours Monday thru Thursday, 9:00 A.M. until Noon. His days off are Friday and Saturday unless there is an emergency.

Swallowing your pride rarely leads to indigestion.

- Unknown



## ***GOD'S POST IT NOTES***

Many people want to serve God—but only as advisors.

Some people are kind, polite, and sweet spirited—until you try to sit in their pew.

It is easier to preach ten sermons than to live one.

When you get to your wit's end, you'll find God lives there.

Opportunity may knock once, but temptation bangs on the front door forever.

God doesn't propose to judge a man until he is dead—so why should we?

God doesn't call the qualified—he qualifies the called.

God promises a safe landing—not a calm passage.

Prayer: Don't give God instructions—just report for duty.

The task ahead of us is never as great as the Power behind us.

Life isn't about waiting for the storm to pass—it's about learning to dance in the rain.

*- submitted by Lee Coffield*





## The Conway Daily Sun

SATURDAY, SEPTEMBER 12, 2020 VOL. 32 NO. 106 CONWAY, N.H. MTS. WASHINGTON VALLEY'S DAILY NEWSPAPER 161 15¢ PER COPY FREE

# Encore, Maestro!



Church organist Floyd W. Corson turns 90

### *Vaughan Updates.....*

Construction of the new building and the renovation of the Reverence for Life building are complete!

The Vaughan Food Pantry will be operating from its new location on October 1, 2020. The Food Pantry hours are: Tuesday 12:00 - 1:45 p.m. and Thursday 1:00 p.m. - 2:45 p.m.

The Vaughan Learning Center opened its doors to children on Monday September 14, 2020. As with many construction projects, there are a few details we are in the process of finalizing, but the daily running of the Learning Center is operating safely and solidly!

For those of you who wish to tour both buildings, arrangements may be made when no children are in the building and by appointment. You may call Jennifer Perkins @ 356-2324.

### *We are seeking help to make our famous Blueberry Crisp beginning the week of October 10th.*

On October 8th we will begin baking, talk to Gerry Tilton or Helen Goss if you can help out. Our goal is to sell 100 pans. If you can help by working on the days when we are selling the pans, contact Tracy Strout by email at [tracystROUT@gmail.com](mailto:tracystROUT@gmail.com) or call her at 603-662-5056. We are taking pre-orders by the pan at \$39.95 each. **Help us spread the word!**  
 Saturday, October 10th 9:00 am until Noon (or until sold out)  
 Saturday, October 17th 9:00 am until Noon (or until sold out)  
 Saturday, October 24th 9:00 am until Noon (or until sold out)





**HAPPY 95th Birthday to MAE SHEA!**  
**October 17th**

*Please join us in wishing Mary Ellen Shea a Happy 95th Birthday! She is a wonderful mother of four daughters, grandmother of nine children, and great-grandmother of two children. We all love her dearly! She loves getting mail and so misses being able to go to church. If you are inclined, please feel free to wish her well on her birthday at the following address: PO Box 95, Kearsarge, NH 03847.*



*Thank you!  
 Carol, Ellen, Polly & Julie*



*This photo was taken by Jennifer Perkins during the moment of silence at the MWV Annual 9.11 Memorial Ceremony held at Schouler Park. Do you see the angel in the sky?*

***Inspiration.....***

***“Don’t wait for someone to bring you flowers. Plant your own garden and decorate your own soul.” -Mario Quintana***



**It was a glorious day to welcome Pastor John, Veronica and family during our first outdoor service!**

Please remember to send your pledges to the attention of Dan Jones, First Church of Christ Congregational, PO Box 401, North Conway, NH 03860-0401

**Neighbors in Need (NIN)** is a special mission offering of the United Church of Christ that supports ministries of justice and compassion throughout the United States. One-third of NIN funds support the [Council for American Indian Ministry](#) (CAIM). Two-thirds of this offering is used by the UCC's Justice and Witness Ministries (JWM) to support a variety of justice initiatives, advocacy efforts, and direct service projects through grants. Neighbors in Need grants are awarded to UCC churches and organizations doing justice work in their communities. These grants fund projects whose work ranges from direct service to community organizing and advocacy to address systemic injustice. This year, special consideration will be given to projects focusing on serving our immigrant neighbors and communities.



**World Communion Sunday** is a celebration observed by several [Christian denominations](#), taking place on the first Sunday of every October, that promotes Christian unity and [ecumenical](#) cooperation.<sup>[1]</sup> It focuses on an observance of the [eucharist](#). The tradition was begun in 1933 by Hugh Thomson Kerr who ministered in the [Shadyside Presbyterian Church](#). According to *Presbyterian Outlook*:

Davitt S. Bell (the late Clerk of Session and church historian at Shadyside) recalled that Dr. Kerr first conceived the notion of World Communion Sunday during his year as moderator of the General Assembly (1930). Dr. Kerr's younger son, the Rev. Dr. Donald Craig Kerr, who is pastor emeritus of the Roland Park Presbyterian Church in Baltimore, was sixteen in 1933. He has related that World Communion Sunday grew out of the Division of Stewardship at Shadyside. It was their attempt to bring churches together in a service of Christian unity—in which everyone might receive both inspiration and information, and above all, to know how important the Church of Jesus Christ is, and how each congregation is interconnected one with another.<sup>[2]</sup>

It was then adopted throughout the [US Presbyterian Church](#) in 1936<sup>[1]</sup> and subsequently spread to other denominations. In 1940, the [Federal Council of Churches](#) (now the [National Council of Churches](#)), led by [Jesse Moren Bader](#), endorsed World Communion Sunday and began to promote it to Christian churches worldwide.<sup>[1]</sup>

### **Blessing of the Animals Service**

Are you a pet or animal lover? Do you have your own furry or feathered friends at home, or know others with animal companions? Cat and dog, pig and bird, lizard and spider, hamster and fish (in water, please!) - All are welcome to join us on Sunday, October 4th at 1:00 p.m. for a special Blessing of the Animals service as Pastor John will bless every creature! Due to COVID, the blessing will take place via Zoom. Please contact Pastor John with the name of your pet or pets and he will invite you to the Zoom meeting for the blessing! All blessings must be scheduled with Pastor John.

This special event commemorates the feast of St. Francis of Assisi, where animals have been blessed since the middle ages. No saint is more closely associated with animals than St. Francis of Assisi. He rejoiced in the value and beauty animals bring to creation.

All pets are welcome to bring their humans, of course! We hope to see you and your furry, feathered, fuzzy companions October 4th!



October 4	Exodus 20:1-4,7-9,12-20	Worldwide Communion Sunday “Throwing Stones in Glass Houses”
October 11	Phil 4:1-0	“Holy Friendships”
October 18	Exodus 33:12-23	“From Betrayal to Acceptance”
October 25	John 8:31-36	Reformation Sunday “The Ethics of Freedom”

**Choosing to love**, rather than hate and fear.  
**Choosing to smile**, rather than frown.  
**Choosing to build up**, rather than tear down.  
**Choosing to persevere**, rather than quit  
**Choosing kind words**, rather than gossip  
**Choosing to heal**, rather than wound or tear apart  
**Choosing to give**, rather than take  
**Choosing to act**, rather than ignore  
**Choosing to forgive**, rather than to grow bitter  
**Choosing to forgive**, rather than be in despair  
*-Excerpt from September 13th's Sermon*

**The Third quarter  
Mission contributions are  
dedicated to the Veterans**

## HUMOR CORNER







10/4 Roger Garland  
 10/6 Beckett MacMillan  
 10/8 Jim Johnston  
 10/11 Owen Strout  
 10/13 Cindy Russell  
 10/14 Cheryl Furtado  
 10/15 Tim Psaledakis  
 10/16 Mark Schiller  
 10/17 Mary Ellen Shea  
 10/17 Megan Croce  
 10/17 Elaine Spratt  
 10/19 Marcia Smith  
 10/19 Julia Edwards  
 10/20 Robert Bechtold  
 10/22 Sean McGrath  
 10/23 Madeline McGrath  
 10/24 Matthew Schiller  
 10/25 Muriel Magg  
 10/25 Mike James  
 10/28 Joseph Leighton  
 10/30 Sean Racicot -Psaledakis

**June Waltz** is at the Golden View Healthcare facility in Meredith. She still has her cell phone with her and enjoys both conversations and listening to cheery voice mail if she doesn't answer when you call. Her phone number is 603-348-5495. Mail can be sent to her at:

Golden View Healthcare  
 19 NH 104  
 Meredith, NH 03253



10/3 Chris & Tracy Strout  
 10/7 Carl & Dorothy Lindblade  
 10/10 Jim & Patricia Johnston  
 10/15 Russell & Dorothy Seybold  
 10/16 Peter & Muriel Magg  
 10/25 Robert & JoAnn Croce



**Let us remember those who are not able to be out and about due to physical limitations or fragile immune systems.**

Those with ongoing health concerns include **Dudley Hall and family, Janet Earnshaw, Audrey Vorperian, Arthur DeRosa, Don Waite, Linda Derse and Joan Santos.** We are continuing to pray for **June Waltz and Jed Handspicker** as they continue to heal. **June** is at the Golden View Healthcare center, 19NH Route 104, Meredith NH 03253 and her cell phone number is 603-348-5495.

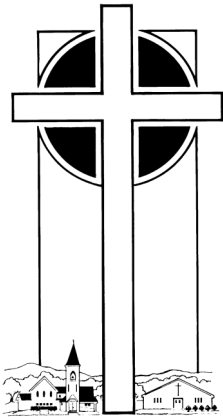
**Agnes Birch, Liz George-Hussey, Cynthia Briggs, and Marilyn Elliot** are at Merriman House, 3073 White Mountain Hwy, North Conway, 03860. **Peg Chisholm** is at Mountain View Nursing Home, 93 Water Village Rd., Ossipee, 03864. You can send cards to **Lynn Runne** at Bella Point, 70 Fairview Dr., Fryeburg, ME 04037.

Please contact **Bonnie Tryder** or **Pastor John** in the church office with prayer concerns for the next month's issue of The Congregate Tidings. You are welcome to ask for church greeting cards to be sent for celebrations, illness/recovery, grief, and general "thinking of you"/"pick me up" notes by contacting **Evelyn Porter**, the Coordinator of the Diaconate's Ministry of Greeting. Call her at home, (603) 496-2314, or by e-mail at [hambur35@yahoo.com](mailto:hambur35@yahoo.com).

*The Congregate Tidings*  
**First Church of Christ, Congregational  
United Church of Christ  
PO Box 401  
N Conway, NH 03860-0401**



**ADDRESS SERVICE REQUESTED**



TO:



## **FIRST CHURCH AND VAUGHAN STAFF**

**Pastor: Rev. John Hogue**

**Licensed Pastor: Gerry Tilton**

**Organist: Floyd W. Corson**

**Associate Organist: Muriel Magg**

**Chancel Choir and Handbell Choir Director:**

**Anne W. Polak**

**Administrative Assistant/Bookkeeper: Bonnie Tryder**

**Vaughan Administrator: Jennifer Perkins**

**Vaughan Learning Center Director:**

**Heather Ouellette**

**Vaughan Bookkeeper: Denise Leighton**

**Grounds Keeper: Ryan Tuttle**

**Sunday Worship Service/Sunday School  
10 A.M.**

**Church Office and Vaughan Office (603)356-2324**

**E-mail address:**

**[churchoffice@firstchurchnc.com](mailto:churchoffice@firstchurchnc.com)**

**FAX Line number is: 356-7104 (24 hrs. a day)**

**[firstchurchnc.com](http://firstchurchnc.com)**

**Pastor's e-mail: [pastor@firstchurchnc.com](mailto:pastor@firstchurchnc.com)**

**Facebook: [www.facebook.com/firstchurchncnh](http://www.facebook.com/firstchurchncnh)**